

## Tickle Lipo™ available in the Twin Cities Metro area at Advanced Dermatology Care!

Tickle Lipo™ is now available in the Twin Cities Metro area at Advanced Dermatology Care!  
New Liposuction Technique Allows Patients to be Awake and Chuckling during the Procedure.  
Schedule an appointment today to see if Tickle Lipo is right for you!

Tickle Lipo™, a new state-of-the-art liposuction procedure, which is performed while patients are awake and under local anesthesia, is now available for the first time in Minnesota. Because patients are awake during the procedure they can actually assist the doctor by being able to change positions. Tickle Lipo™ is named for its “tickling” sensation, which can cause patients to laugh or chuckle during the procedure.

“I am very pleased to be the first physician in the Twin Cities Metro area to offer this new technique which allows patients to be awake and more comfortable during liposuction,” said Dr. O.J. Rustad, board certified Minnesota Dermatologist ([www.ADCderm.com](http://www.ADCderm.com)). “I am finding that Tickle Lipo™ is superior to other liposuction techniques thanks to its special vibrating cannula which cuts down on surgery time. There is no heat, minimal bruising and minimal downtime. It offers patients better results, faster, and safer. Patients are very excited about this new procedure.”

How It Works: Tickle Lipo™ uses a specially designed cannula that produces a unique vibration. This is what produces the sensation many patients report as “tickling.” Tickle Lipo™ differs from other methods of tumescent liposuction because the cannula is activated by air pressure, causing a whirling movement, infrasound and vibration referred to as “nutational” motion. This patented technique provides faster infiltration of the tumescent solution – 25% faster than other liposuction technology, shortening the length of the procedure. The nutational vibration of the cannula also interferes with the brain’s pain receptors in the same way that scratching relieves an itch. A selection of specialized cannulas used in the Tickle Lipo™ technique allows the physician to better maneuver through fibrous or harder to reach areas of fat, enabling precise body contouring. Tickle Lipo™ is FDA approved for fat removal and body sculpting.

“I believe Tickle Lipo offers patients a cost effective, more comfortable, faster, and safer body shaping alternative than what has been previously available. The ease of maneuvering the special cannula allows me to do high definition body sculpting in less time. It is more effective and safer, removing deeper fat, as well as superficial fat lying just under the skin with ease,” Dr. Rustad explains.

### The Benefits:

1. Local anesthesia – Patients are AWAKE – A safer procedure because it is done under local anesthesia. This technique seems to be significantly more comfortable than other liposuction methods.
2. No heat damage – Unlike other Liposuction techniques that utilize the heat of laser or ultrasound energy, the surgical cannula used in Tickle Lipo™ stays cool, eliminating the risk of heat injury to tissue.
3. More precise/Better results – Because of its ease of movement, Tickle Lipo™ is more precise. It can be used to safely and more effectively remove deeper fat pockets, as well as superficial fat providing "high-definition" sculpting.
4. Faster results – takes less time than traditional liposuction, potentially minimizing the exposure to the local anesthetics.
5. Minimal downtime – patients may well recover faster.
6. Fat harvesting - The physician can also potentially harvest the patient’s fat, which is removed during liposuction for use as a long- lasting natural facial filler instead of using synthetic injectables.